

# SPIRITUAL DIRECTORS NETWORK INTAKE FORM



## INSTRUCTIONS

After filling out this form and affirming that you fulfill the qualifications listed herein, send it to [spiritualdirection@regent-college.edu](mailto:spiritualdirection@regent-college.edu) with the subject "Alumni Spiritual Directors Network." *Optional:* include a photo of yourself in the email to appear on the webpage (ensure photos are at least 240x359px in size).

## PERSONAL INFORMATION

**Full Name:**

**Email:**

**Phone:**

**City/ Country:**

**Website:**

**Preferred Contact Method:**

**Bio:**

Short bio and summary of work experience in spiritual direction, including how long in practice. Please write in the third person, and *do not* include rates. This will appear on the directory website. (150 words max)

**Platforms of availability:**

in-person

phone

zoom

other

## AFFIRMATION OF MINIMUM STANDARDS

1. Are you an alumnus/a of Regent College? Please note the years you studied at Regent, and the name of the program you were in (if you were in a program).

**Yes:    No:**

2. Have you completed formal spiritual direction training (minimum 1 year), with a supervised practicum component?

**Yes: No:**

What is the name of the spiritual direction program?

3. Are you willing to offer contemplative presence unmitigated by other practices (e.g. psychotherapy, healing prayer, life coaching)?

**Yes: No:**

4. Will you practice with an ethical code that includes receiving regular spiritual direction, engaging in regular supervision (minimum four times a year), self-care practices and participation in a worshipping community?

**Yes: No:**

5. Please affirm the following understanding of spiritual direction:

*We understand spiritual direction as a practice of spiritual companionship that helps us to discern God's loving presence and activity in our lives as well as God's gracious invitations to us.*

*Spiritual direction offers:*

- *companionship from a trained individual who creates contemplative space for attending to our experience of life and our experience of God*
- *a reflective process, rather than a directive one*
- *an emphasis on nurturing our personal relationship and encounter with Christ*
- *an integration of heart knowledge and head knowledge*
- *encouragement toward discerning God's voice amidst many other voices in our lives*
- *a heightened awareness of the Sacred in all of life and the movements of the Spirit in us*

**Yes,** I affirm this understanding of spiritual direction.

**No,** I do not affirm this understanding of spiritual direction.

6. Agree to inform the alumni office if you cease to meet any of the above standards.

**Yes: No:**

Signature:

Date: